
NUT MINIMISATION POLICY

Section	Student Welfare
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John Wollaston Anglican Community School (the School) is committed to providing a safe environment that meets the health needs of our students. Anaphylaxis is a severe form of allergic reaction and is potentially life threatening.

As indicated on enrolment forms and student medical records, several students at the School have severe anaphylactic allergies triggered by foods including nuts. The key to preventing an anaphylactic reaction is to avoid exposure to the trigger.

Emergency Action Plans (EAP) are in place for all students with severe allergic reactions.

It is possible to minimise the risk factors within the School environment with the assistance of parents/guardians in adopting the following strategies:

- Do not send nuts or peanuts to school.
- Do not send foods containing nuts or peanuts to school. Peanut butter, hazelnut spread (Nutella), muesli bars, chocolate bars and biscuits containing nuts all add to the risk.
- No nut oils.
- Avoid nuts and peanuts in birthday cakes and treats that may be brought to school.
- Encourage thorough washing of hands and face if children have eaten these foods before coming to school.
- Provide drink containers and lunch boxes which are clearly labelled with the name of the child for whom they are intended.
- Discourage any trading or sharing of food.
- Continue vigilance when there is a change from usual routines including events such as excursions, family picnic days at school and sports carnivals.

At School we will:

- Teach students about the need for appropriate health and hygiene when raising awareness of the range of allergic reactions that may affect people in the community.
- Highlight values such as tolerance and understanding.
- Be aware of safety in all food preparation activities, including Foods/Hospitality classes, Chalk Café, cooking activities in classrooms, clubs activities, and special days and fundraisers where food is available.
- Operate a self-service café (School Canteen) which implements hygienic and safe food preparation and handling practices, and offers a healthy menu which avoids nuts and nut based products.
- Inform staff of students with an EAP for anaphylaxis. Students are clearly identified with their image and allergic reaction trigger in confidential documentation visible in appropriate locations around the School.
- Make the *Nut Minimisation Policy* available for community information via the School's website <http://www.jwacs.wa.edu.au/>

RELATED POLICIES AND DOCUMENTS

- *Early Years Handbook*
- *Health Care Policy*
- *School Canteen Policy*