

THE CAFÉ



Summer Menu

Lunch - Available Every Day

Fresh Rolls, Wraps and Sandwiches **G**

Vegemite \$2.50

Cheese \$3.00

Ham \$4.00

Chicken \$4.50

Tuna \$4.00

Egg \$4.00

Extras

Rolls + \$1.00

Toasting + .50c

Wrap + \$1.00

Lettuce, Tomato, Carrot, Cucumber,
Cheese, Pineapple, Beetroot + \$1.00

Mayo, Mustard +.50

Gluten Free Bread \$1.50

Specialty lunch items

Baked Bean & Cheese Jaffles \$4.50 **G**

Mini Pocket Wrap - Ham & Cheese \$4.00 **G**

Ham Salad Pack \$7.50 **G**

Chicken Salad Pack \$7.50 **G**

Egg Salad Pack \$7.50 **G**

Tuna Salad Pack \$7.50 **G**

Hot Cup of Noodles \$4.50 **A**

BLT Burger (Bacon, Lettuce, Tomato) \$6.50 **A**

Hot Chicken & Mayo Rolls \$6.50 **A**

Sweet Chilli Chicken Wrap \$6.50 **A**

Sushi - 5 pieces **G**

Teriyaki Chicken \$7.50

Tuna \$7.50

Katsu Chicken \$7.50

Café is open daily from 8:00am

Cashless ONLY purchases with eftpos or a linked smartrider card to Flexichools.

You can purchase lunches in advance and online via [Flexischools](#).

The cut-off time for orders is strictly 9:30am.

Snacks

Fresh Fruit - Seasonal (cost per piece) \$1.00 **G**

Assorted Flavoured Yoghurts \$3.00 **G**

Cheesies \$2.00 **G**

Adventures Pack (egg, chicken or ham with cheese, crackers, carrot sticks and cherry tomatoes) \$5.00 **G**

Vegie Pack (Vegie sticks, cheese, crackers & dip) \$7.00 **G**

Fruit Salad \$5.00 **G**

Watermelon Pack \$4.00 **G**

Berry Yoghurt Crunch \$5.00 **G**

Corn on the cob \$1.00 **G**

Assorted Muffins \$4.50 **A**

Banana Bread per slice \$4.00 **A**

Chocolate Yogo \$3.00 **A**

Vegie Chips \$2.50 **A**

Grain Waves \$2.50 **A**

Assortment of Cookies \$3.50 **A**

Gingerbread Man (Gluten Free / Dairy Free) \$3.50 **A**

Drinks

Water \$1.50 **G**

Plain Milk \$3.00 **G**

Juicee Crush \$1.50 **G**

SAMS Fresh Juices - Assorted flavours \$4.50 **G**

Nippy's Fruit Juice \$3.00 **G**

Sippah Straws with Plain Milk **G**

(Choc, Strawberry, Choc-Mint, Cookies & Cream) \$3.50

Juice Bomb \$2.50 **G**

Waterfords Flav'd Mineral Water \$2.50 **A**

Flavoured Milk 300ml \$3.50 **A**

Flavoured Milk 600ml (Secondary students only) \$4.50 **A**

Up & Go - Vanilla & Chocolate \$3.50 **A**

Iced Tea (Secondary students only) \$4.50 **A**



Canteen Traffic Light System

Red – best to avoid and not served in our cafe

Amber – an occasional food **A**

Green – an always food **G**

Daily Specials

MONDAY

Chicken burrito bowl \$7.50 **G**

Pies: Beef Pie, Beef Cheese & Bacon, Potato \$5.00 **A**

Sausage Rolls: Giant, Bacon & Cheese \$4.50 **A**

Spinach & Ricotta Roll \$4.00 **A**

TUESDAY

Beef Lasagne \$5.50 **G**

Twista Pasta (with beef bolognese) \$5.50 **G**

Mac and Cheese \$5.50 **G**

Caesar Salad \$6.50 **G**

Caesar Salad wrap \$6.50 **G**

WEDNESDAY

Cheese Burger (Meat, Cheese & Sauce) \$5.50 **A**

Hamburger with Salad \$6.50 **A**

Poke bowl with tuna \$7.50 **G**

THURSDAY

Pizza \$5.50 **G**

Halloumi and Salad Wrap \$6.50 **G**

Nuggets (5 pieces) \$4.50 **A**

FRIDAY

Fish & Salad Wrap \$6.50 **G**

Sausage Sizzle (Real Meat Sausage in a Bun) \$4.50 **A**

Sausage Sizzle with Cheese \$5.00 **A**